



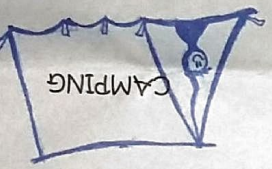


Come back with your garbage to El Chaltén.



Receipt to do your washing away from  
Camping stove.  
Water courses (so it will keep clear).  
Bags for garbage.  
In the campsites use the toilets since they  
are located away from water courses to  
avoid polluting them.

**Besides:**



**Camping...**  
Only in the allowed campsites.  
Building shelters, removing branches and  
stones help deteriorate the area: don't do it.  
Avoiding excessive noises you will respect the  
peace and quiet others look for.  
When listening to music, do it  
with headphones.  
**Fire...**  
Only with camping stoves.  
In the National Park  
it is not allowed to make woodfire  
anywhere.



**For the campsite**

**Plan your trip.**  
The weather conditions in town are different  
from the mountain.



- Comfortable trekking footwear.
  - Sunglasses, sunblock.
  - Flashlight (program well your walking time)
  - Varied clothes for an unpredictable weather: raincoat, gloves, cap.
  - Bottle for water, food.
- so you don't return at night.)

**Your comfort and safety depend on few things. Don't forget...**

**Leave no Trace...!!**



Take the leading role looking for our National Parks:

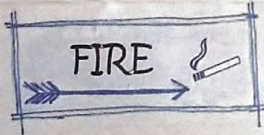
**Garbage...**

Food left overs, cigarette butts and toilet papers are also garbage. th everything you carried to the Park.



**Be careful with your cigarette!**

It can turn a forest into ashes.  
Don't smoke while walking: do it only in the viewpoints or at the end of the trails.  
Make sure to extinguish them well and bring the butts with your garbage.



**Pets...**

No pet is allowed in the National Park. They can transmit diseases and parasites to the wildlife. Their presence affects fauna. Don't let any dog (or cat) join you on the trails.



**Native fauna...**

The **Huemul** (andean deer) and the **Puma** are animals with special value. Bear in mind that the registration of its viewing is very important. Inform any sighting to the National Park.



Parque Nacional Los Glaciares  
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Patrimonio Mundial de la Humanidad  
UNESCO

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El Concesionario del Parque Nacional colabora para realizar este folleto:

**Los Glaciares National Park**



**TRAILS & RECOMMENDATIONS**  
Northern Area - Los Glaciares National Park



**WATER**

**Water...**  
Is clear. Washing your teeth, using soaps (even biodegradable ones), washing clothes or plates pollute it. Bear in mind that somebody may be drinking it downstream! To avoid pollution, take water in a recipient and go away 50 steps from the river.  
In areas without toilet do your needs as far as possible from any water source and bury everything.



**Toilets...**

Let's be clear: "only poop, pipi and paper". Feminine things, cans, bottles and other objects damage its functioning.



**Souvenirs...**

Arqueological and paleontological sites are protected by law. Removing or taking them is punishable. Remember that all the elements of the landscape are an essential part of it. Taking branches, flowers or stones impoverishes it. Leave them where they belong so others can also enjoy them.



**Trails and trekking poles...**

Don't walk outside the trails and don't make shortcuts in the curves or zigzags. The use of trekking poles erodes and widens the trails. Limit their use.



**Pay Attention!**

It's possible to get lost or loose your friend in the trails. Stick to your group. Ask at what time it darkens so you can return during daylight.